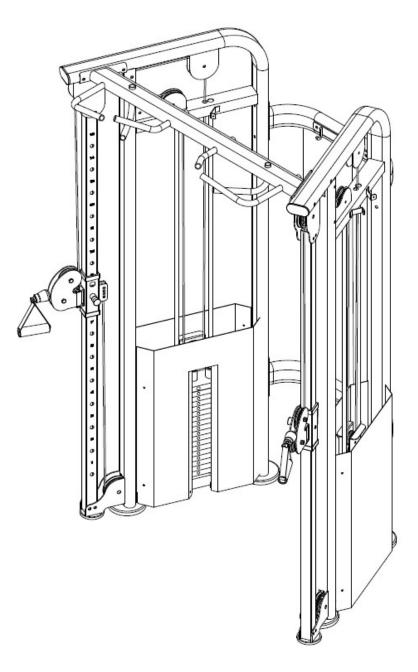
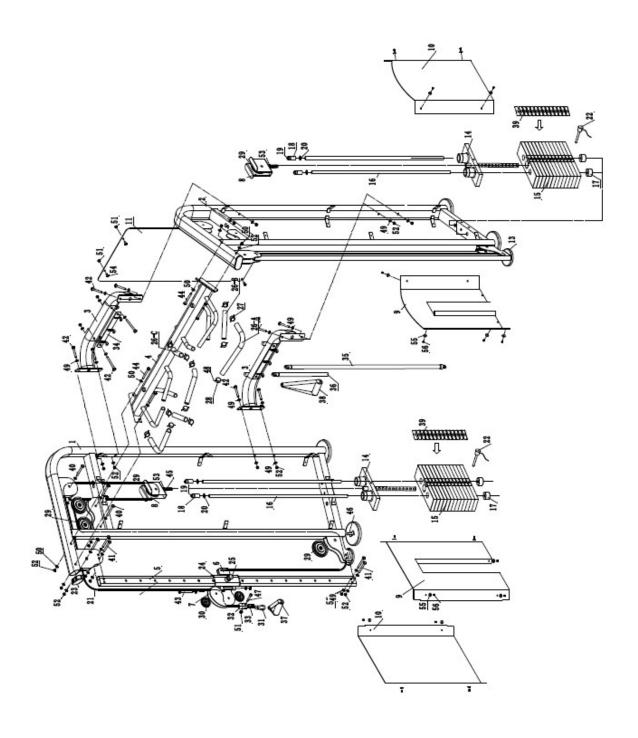


# HIT FITNESS COMM STEALTH FUNCTIONAL TRAINER HIT00997



# **EXPLORE DRAWING**



## **PART LIST**

PART NO	PART NAME	Q'TY
1	Left main frame	1
2	Right main frame	1
3	Rear connect support	2
4	Up support frame	1
5	Adjustable fixed tube	2
6	Adjustable moving frame	2
7	Moving wheel frame	2
8	Moving pulley frame	2
9	Front cover	2
10	Rear cover	2
11	Middle cover	1
12	Ground plate	4
13	Round foot cushion	2
14	Top plate	2
15	Weight stack	38
16	Guide rod	4
17	Damping block	4
18	Fixed sleeve of guide rod	4
19	M10*20mm Hex socket fastening screw	4
20	Shaft circlips	4
21	Steel wire rope	2
22	Strong magnetic latch	2
23	Oval plug	2
24	Adjust bush	4
25	Pull pin assembly	2
26-A	Dipping plastic handlebar A	2
26-B	Dipping plastic handlebar B	2
26-C	Dipping plastic handlebar C	2
27	Aluminum gear sleeve	6
28	Aluminum cover	6
29	Big pulley	12
30	Small pulley	4
31	Hoist hook	2
32	Steel wire rope cover	2
33	Steel wire rope fix sleeve	2
34	Hook frame	2
35	Long hang rod	1
36	Short hang rod	1
37	Short drawstring	2
38	Long drawstring	2

39	Weight stack label	2
40	M10*50mm bolt	12
41	M10*55mm bolt	12
42	M10*70mm bolt	12
43	M10*100mm bolt	2
44	M10*120mm bolt	4
45	M16*90mm bolt	2
46	M16*40mm bolt	4
47	M8 Nut	2
48	M4*3 Fasten bolt	8
49	Ø10 Washer	84
50	Ø10 Arc Washer	8
51	M8 Nylon nut	10
52	M10 Nylon nut	44
53	M16 Nylon nut	4
54	M8*15mm Hex socket umbrella head bolt	4
55	Plastic washer	32
56	M5*15mm Countersunk head screw	32
Note: Some parts in above list have been assembled in advance.		

## **HARDWARE LIST**

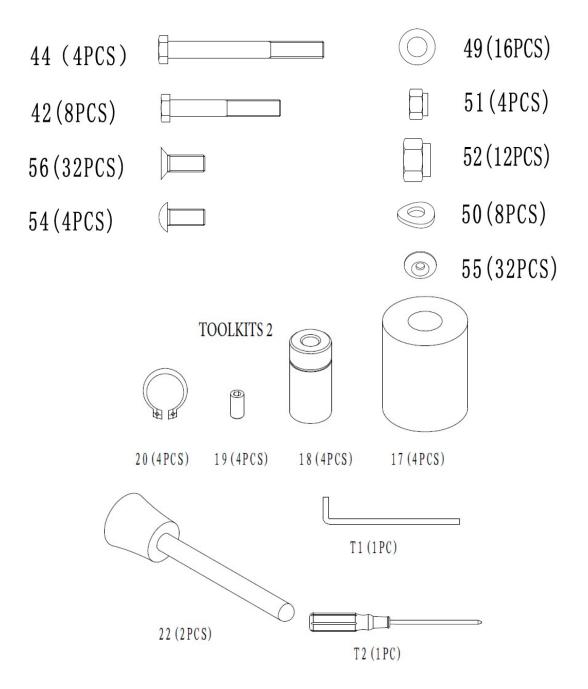
PART NO	PART NAME	Q'TY
44	M10*120mm bolt	4
42	M10*70mm bolt	8
56	M5*15mm bolt	32
54	M8*15mm bolt	4
49	Ø10 Washer	16
50	Ø10 Arc Washer	8
55	Plastic washer	32
51	M8 Nylon nut	4
52	M10 Nylon nut	12
22	Strong magnetic latch	2
17	Damping block	4
18	Fixed sleeve of guide rod	4
20	Shaft circlips	4
19	M10*20mm Allen head bolt	4
T1	5# Allen Wrench	1
T1	Screw driver	1

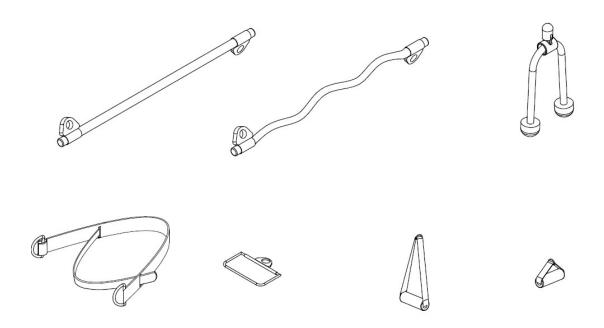
Note: Part of bolts in hardware list have been assembled in advance, please disassembled them before assembly.

## **ACCESSORY LIST**

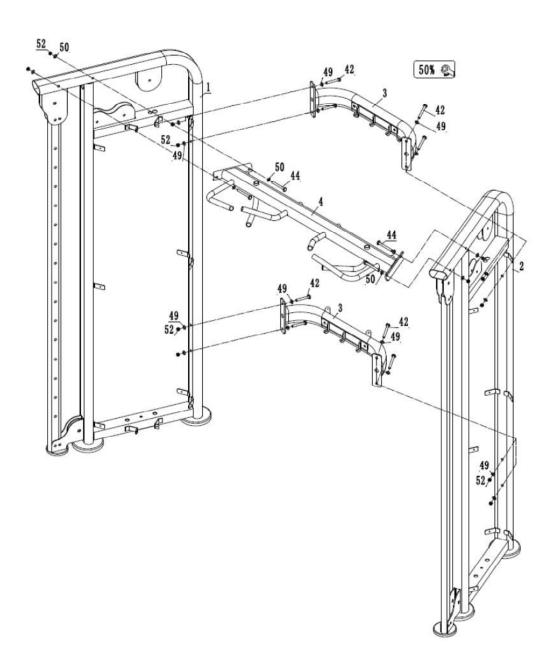
PART NAME	Q'TY	
Short drawstring	2	
Long drawstring	2	
Straight rod with 2 lug s	1	
Curved bar	1	
Tricep handlebar	1	
Handlebar sleeve	1	
Gantry handle	2	

Note: Part of bolts in hardware list have been assembled in advance, please disassembled them before assembly.



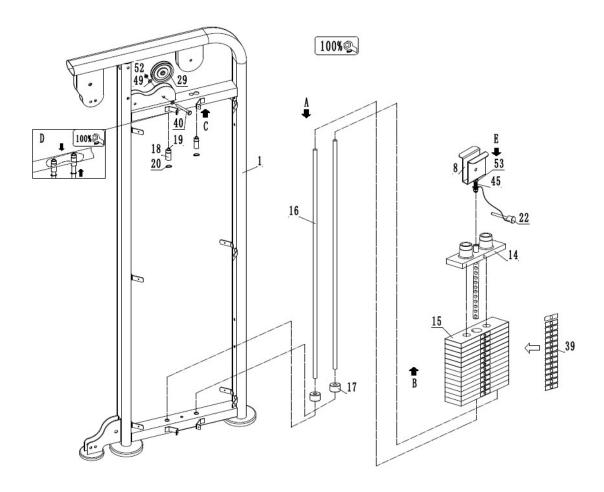


## **ASSEMBLING INSTRUCTIONS**



### STEP 1:

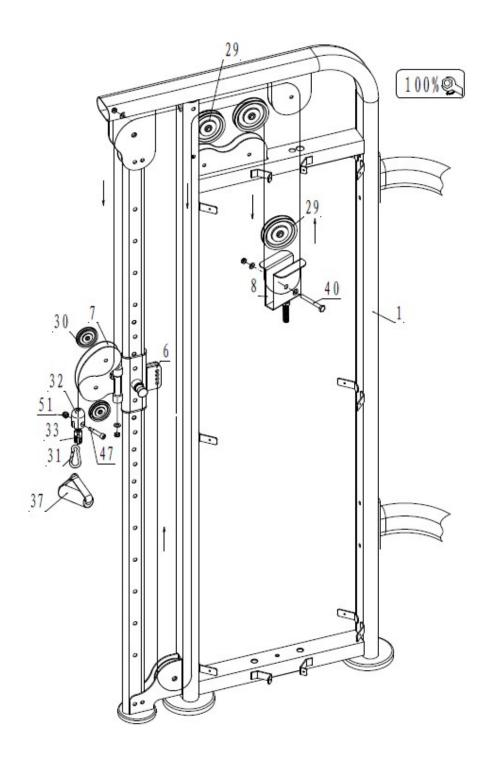
- 1. Fix Rear connect support3 to Left main frame 1 and Right main frame 2 with M10\*70mm bolt 42, M10 Nylon nut 52 and Ø10 Washer 49.
- 2. Fix Up support frame4 to Left main frame 1 and Right main frame 2 with M10\*120mm bolt 44, M10 Nylon nut 52 and Ø10 Arc Washer 50.



#### STEP 2:

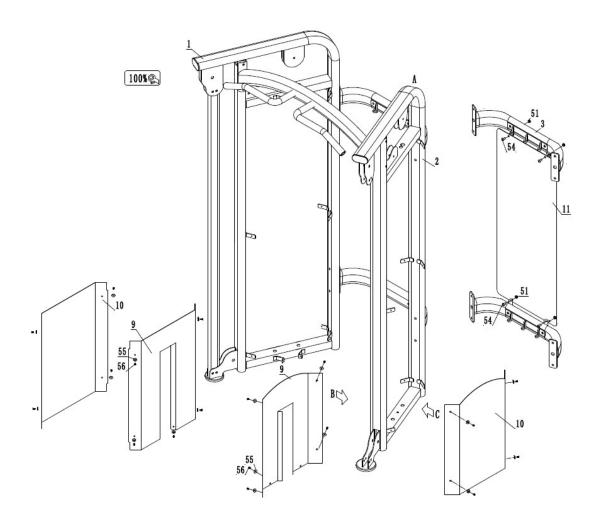
- 1.Insert Damping block 17 and Guide rod 16 to Left main frame1 and Right main frame2, then fix Weight stack 15 and Top plate 14 to Guide rod16.
- 2.Fix another end of Guide rod 16 to Left main frame 1 and Right main frame 2 with Fixed sleeve of guide rod18, M10  $^{\ast}$  20mm Allen head bolt19, Shaft circlips20 and M10  $^{\ast}$  50mm bolt40.
- 3. Fix Moving pulley frame 8 to Top plate 14 with M16\*90mm bolt 45 and M16 Nylon nut 53.
- 4. Put Weight stack label 39 to Weight stack 15.

Fix in order A-B-C-D-E



#### STEP 3:

- 1. Fix Big pulley 29 to Moving pulley frame 8 with M10\*50mm bolt 40.
- 2.Steel wire rope 21 goes as shown above.
- 3. Fix Small pulley 30 to Moving wheel frame 7.
- 4.Fix Steel wire rope cover 32 and Steel wire rope fixed sleeve 33 to Steel wire rope 21 with M8 Nut 47 and M8 Nylon nut 51.
- 5.Fix Hoist hook 31 and Short drawstring 37 to Steel wire rope fixed sleeve 33.



### STEP 4:

- 1.Fix Middle cover11 to Rear connect support 3 with M8\*15mm Allen head bolt 54 and M8 Nylon nut 51.
- 2.Fix Front cover9 and Rear cover10 to Left main frame 1 and Right main frame 2 with Plastic washer55 and M5\*15mm Countersunk head screw 56.