Precision multi-angle massager



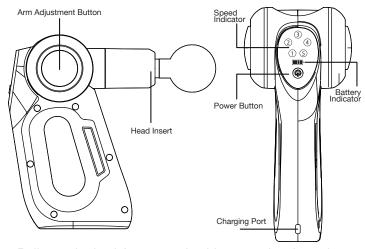
FitRx Pro Massager Manual

This is a practical handheld massager that can relieve the body's soreness through deep and powerful muscle massage. It restores the body tissue, promotes muscle repair, and enhances the blood flow with five signature speed adjustments. It includes four ergonomic massage heads that cater to every muscle group for a comfortable and effective massage experience. The handheld lightweight massager has a rotating arm that can easily be adjusted making it easy to use from different angles.

Package Contents

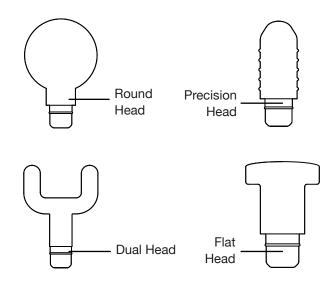
- Massager
- Charger
- · Four Massage Heads: Round, Flat, Precision, and Dual
- Manual
- Case

Product Overview & Functions



- Relieves the body's sore and aching muscles through deep muscle massage
- Restores the body tissue, promotes muscle repair, and enhances blood flow
- Battery and speed indicators
- Ergonomically designed handle can easily be adjusted for a comfortable experience

Four Ergonomic Massage Heads for Every Muscle Group



Round Head: Arm, waist, hip, thigh, calf, and other large muscle groups

Flat Head: Neck, spine, and achilles tendon

Precision: Deep tissue such as joints, palms and plantar **Dual:** Relaxes and shapes various muscle parts

User Instructions

- Select the massage head you would like to use and insert it in the round hole in front of the massager.
- Press and hold the ON button to turn the massager ON, it will start at the lowest speed

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- To increase the speed of the massager, press the power button
- Each press on the button will increase the frequency of your massage up to level 5 max.
- Press the power button again to stop the massager and go into standby mode
- Press and hold the power button for 3 seconds to turn the massager OFF

Charging Instructions

- The battery should be fully charged prior to use.
- To charge the battery, plug in the USB C cable into the charging port and the other end into a USB power source
- · When the unit is charging, the battery indicator will flash
- When the battery is fully charged, the battery indicator will light up
- The average running time of the massager is 120-360 minutes depending on speed and pressure levels.

Adjusting the Massage Angle

- Turn the massager off before adjusting the arm angle
- Press and hold the arm adjustment button, adjust the massage arm to the desired position and release the button
- There are three angle adjustment options 0, 45 and 90

How to Maintain The Muscle Massage Gun

- To keep this device in its pristine condition, wipe its surface with a slightly damp towel and dry it with a soft cloth.
- Keep the device away from liquids and heat.

Specifications

- Battery Type: Lithium Ion Battery
- · Battery Capacity: 2000 mAh
- No-load speed:1800-3200 rpm/min
- Stroke length:6.5-8.0 mm
- Charging Time: 180 min
- Working Time: 360 min
- Input: 5V/2A

Speed Frequency

- 1st speed 26Hz 1800rpm
- 2nd speed 33Hz 2000rpm
- 3rd speed 40Hz 2400 rpm
- 4th speed 46Hz 2800 rpm
- 5th speed 53Hz 3200 rpm

Safety Instructions

To reduce the risk of electric shock, fire and injury follow these instructions carefully:

- 1. This device is recommended for use by adults only.
- 2. Do not use the massager directly on the surface of your skin. To avoid injury. the massaged area should be covered by clean clothes or a dry towel.
- 3. Gently press and move the massager; do not massage the same part of the body for more than 60 seconds.
- 4. Use high speed on soft body tissue only. Do not use high speed and pressure on the head, bones, and joints.
- 5. Always choose the right massage head for the respective body part.
- 6. Frequent use of high pressure may cause abrasions. If you experience pain or discomfort stop using the massager immediately.
- 7. The massager should not be submerged in water.
- 8. Do no open, take apart or modify the massager.
- 9. Do not charge or leave the device ON unattended

Disclaimer

Read the instructions carefully before using the massager. The use of this equipment is subject to following its instructions closely. This is not liable for any damage or loss caused by inappropriate use of this device.

Do not use this massager without the approval of your doctor if you are: pregnant, diabetic, have a pacemaker, recovering from surgery, suffer from migraines, neuropathy disorders, disc protrusion or spinal inflammation. If you feel pain or discomfort while using the massager stop using it immediately and consult your doctor or physiotherapist.

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